



Happy birthday Village Hospital!



October 8 was a day of celebration at the Village at Pelham campus, as the hospital celebrated its first birthday. The occasion was marked with a birthday party for employees, held exactly one year after the hospital opened its doors to care for patients.

"In the 365 days since the Village Hospital opened, patients have benefited from care in an exceptional facility," said Phil Feisal, administrator of the Village Hospital. "Building better patient care and providing close-to-home treatment is what it's all about."

Over the past year, hospital staff members have enjoyed watching the hospital grow. "As the community has become more aware of our hospital and the services we offer, we have seen a steady increase in patients requesting to come to the Village Hospital," said Gabriella Mitchell, administrative director of patient services. "Physicians are requesting to become part of the medical staff as well. Our customer service scores are high and the quality of care is exceptional."

Among the growth milestones achieved by the Village Hospital:

- A continued increase in the number of people visiting the hospital's 24/7 emergency department. "People are telling their neighbors that they can receive efficient treatment without a long wait at our emergency department," said Feisal. Since opening, Village Hospital's emergency department has continued to receive very high patient satisfaction scores.
- An increase in the number and types of surgical and diagnostic procedures performed at the hospital. Examples include orthopaedic surgeries, many types of general surgeries such as hernia repair or appendectomy, gastroenterology procedures, urological procedures, plastic surgeries, vascular surgeries, gynecologic surgeries and others. And an additional operating room was recently opened, based on the increased demand for surgical services.
- With nearly 200 physicians on the medical staff in 25 different specialties, the Village Hospital is able to provide its patients with accessibility to a range of healthcare services to fit most needs. A team of around-the-clock hospitalists help care for inpatients.
- More hospital visitors and community members are stopping by to enjoy meals at the Dogwood Café and shop at the Twig and Vine gift shop.

"I'm tremendously proud of our staff's commitment to developing a hospital that meets the needs of the community," says Feisal. "We look forward to many more years of helping and growing with the community."



Village Hospital's "First Baby" Gabriel, celebrates his first birthday on October 9. His parents are Courtney and Gustavo Medina.

The Village Hospital at a glance

The Village Hospital is focused on delivering quality care for life. The 48-bed facility consists of both inpatient and maternity rooms, including specialized rooms dedicated for patients requiring intensive care. And if you require emergency care, the Village Hospital Emergency Department is well equipped to handle a wide range of medical conditions, including life-threatening injuries.

Major services include:

- Emergency services (level III emergency center)
- Health education classes
- Hospitalist program
- Imaging services
- Intensive care services
- Laboratory services
- Maternity services
- Medical/surgical services (inpatient and outpatient)
- Obstetrics/gynecologic services
- Pathology services
- Respiratory therapy



VILLAGE at pelham

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Featured Events

As part of our commitment to keeping you healthy, active and informed, the Village at Pelham offers a wide selection of health education classes, seminars and events. To register or for a further listing of upcoming classes, visit www.villageatpelham or call 864-849-9470.

DIABETES SELF-MANAGEMENT EDUCATION WORKSHOP

Wednesday, December 16 • 8:30 a.m. – 5 p.m.

Learn the skills you need to live a healthy life with diabetes. Certified diabetes educators lead this comprehensive workshop. Physician referral is required; insurance will be filed. Participants receive a free blood glucose meter and diabetes reference book. Please contact Erika at 864-560-6465 to register.

TOUR OF THE VILLAGE HOSPITAL LABOR & DELIVERY SUITES

Wednesday, January 6 • 6 – 6:30 p.m.

Meet in the lobby of the Village Hospital for a tour of the hospital's Labor & Delivery suites. Free

INFANT CPR

Thursday, January 7 • 6 – 8 p.m.

Based on American Heart Association guidelines, learn how to recognize and react in emergencies dealing with your infant, including choking. Meet in the Village Hospital lobby. \$10 per family

BABYSITTER CERTIFICATION CLASS

Saturday, January 9 • 9 a.m. – 3 p.m.

Led by Toni Conner, R.N., community resource nurse at the Village at Pelham, this American Red Cross class is designed to help new babysitters 11 – 16 make appropriate decisions and handle household emergencies. Lunch will be provided. \$50

THE TRUTHS AND MYTHS ABOUT WEIGHT LOSS SURGERY

Tuesday, January 19 • 6:30 – 7:30 p.m.

Bariatric surgeon Paul Ross, M.D. will discuss the truths and dispel the myths about gastric bypass and Lap-Band surgery during this informative session. Light refreshments will be served. Free

DIABETES SELF-MANAGEMENT EDUCATION WORKSHOP

Wednesday, January 20 • 8:30 a.m. – 5 p.m.

Learn the skills you need to live a healthy life with diabetes. Certified diabetes educators lead this comprehensive workshop. Physician referral is required; insurance will be filed. Participants receive a free blood glucose meter and diabetes reference book. Please contact Erika at 864-560-6465 to register.

Community Health Talk

Toni Conner, R.N. | community resource nurse,
the Village at Pelham



The busy holiday season has begun. For the most part, I'm very excited — I love family gatherings and the "specialness" of the season. However, I don't enjoy the stress or the hectic pace. But this year, I'm resolving to put those negative feelings aside so that I can have celebrations full of joy and peace. Do you ever feel this way?

The holiday season and the Village Hospital's birthday have caused me to think about celebrating on many different levels. And one thing I definitely think we need to celebrate is our good health.

By now, most of us know many of the things we need to do to stay healthy: eat right, get a good night's sleep, exercise regularly. Adopting healthy habits sounds easy, but it's not always easy to do, is it?

If you need help getting motivated, or just don't know how to achieve a healthier lifestyle, please let me know. Many great resources and health experts are within your reach.

I think it's important to recognize and celebrate our successes every step of the way. If you've started to eat better, and have lost some weight, then tell others about it! Take time to brag a little, and tell others how you began walking and how good you feel now! One of the best things you can do for others is to set a great example and motivate your friends and family to get started on a healthier track themselves.

So let's celebrate! Enjoy the holidays. Take care of yourself. Work toward reaching your wellness goals. And remember to celebrate the special days as well as the ordinary days. To contact me: 864-849-9131; tlconner@srhs.com.